New Hampshire's Mt. Washington Warblers & Bicknell's Thrush Species List |June 4 –10, 2024 with Naturalist Journeys



Compiled by guide Michael Good. Our clients included Kathleen, Scott, Lloyd and Jill.

The 2024 Southern Maine and New Hampshire's Mount Washington field trip offers an opportunity to explore two very bird-rich locals and adding Life Birds to your life list.

The geography and the number of watersheds emptying into the Gulf of Maine make the Portland, Maine region, Cumberland and York counties, the most bird-rich in Maine at 388 and 384 species of birds recorded of the 459 species documented for Maine. New species are being added each year with an increase in the number of birders using eBird and the interest in ornithology in general. The shorelines of eastern Maine and south Portland added many species to our trip list, like Black Guillemot, Northern Gannet and Common Eider. Scarborough Marsh is the home to two life birds for Scott, Lloyd and Jill, Salt Marsh and Nelson's Sparrows. These two species appear to be thriving, and the location is well preserved, so the future looks bright for future Naturalist Journey's field trips to this region and more Life Birds for those who want to explore New England. During our Maine portion of the field trip, we observed 76 species of birds and found all of our target species. From Black Guillemot to Warblers, both regions are amazing.

New Hampshire and the Mount Washington region are some of the most spectacular and bio-diverse found in New England. Home to American Pipit, Bicknell's Thrush, Boreal Chickadee, Black-backed Woodpecker, Canada Jay and Spruce Grouse, the shear amount of habitat to explore is overwhelming and dramatic. The picturesque and breath-taking views surpass expectation. With 420 bird species recorded in New Hampshire, Coos and Carroll rank in the top five. During our New Hampshire portion of the trip we recorded 81 species, including Life bird Bicknell's Thrush for Kathleen, Scott, Lloyd and Jill. We heard Yellow-bellied Flycatcher, got brief views of Canada Jay and nailed Blackpoll Warbler at the 4,000-foot parking area on Mount Washington. The diversity of habitat explored, from mountain top alpine and Krumholtz communities to the rivers and streams of the valleys below were highlights for the trip. The Alpine habitat on Mount Washington and Mount Katahdin in Maine, are the only nesting habitat for American Pipit in New England, giving us the unique opportunity to observe this breeding plumaged species and some of its defensive behaviors.

The eBird link below details the 118 species of birds our group observed during the tour. If you're new to eBird, be sure to click "Show All Details" on the right side of the list to expand the report and reveal where and when each of the birds were seen, how many and photos or recordings.

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Following is a list of the mammals, reptiles, amphibians and birds we were fortunate to observe during the trip.

MAMMALS (9): Snowshoe Hare Lepus americanus Eastern Chipmunk Tamias striatus Woodchuck Marmota monax Eastern Gray Squirrel Sciurus carolinensis Eastern Red Squirrel Tamiasciurus hudsonicus Muskrat Ondatra zibethica White-tailed Deer Odocoileus virginianus Raccoon Procyon lotor Mink Neovison vison

REPTILES AND AMPHIBIANS (8):

Spring Peeper Pseudacris crucifer Northern Gray Treefrog Hyla versicolor Green Frog Rana clamitans Wood Frog Lithobates sylvaticus Bull Frog Rana catesbeiana Red-backed Salamander Plethodon cinereus Painted Turtle Chrysemys picta Snapping Turtle Chelydra serpentina